



**International
Association of Peer
Supporters
(iNAPS)**

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iNAPS eNewsletter

November 2014



<http://www.inaops.org>

International Association of Peer Supporters (iNAPS)
iNAPS is a 501(c)(3) charitable organization

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iNAPS 2014 Conference Remembered



**Some of the 225 participants at the 8th Annual National Peer Support
Conference in Atlanta, Oct. 13 & 14.**

Save the Date!



FRIDAY

NOV. 21, 2014

Time: Noon – 1:00 p.m. Eastern

(11 a.m. Central, 10 a.m. Mountain, 9 a.m. Pacific)

November Free Webinar!

Build Your Resume: Strategies for Getting, Keeping and Advancing Employment

Join Steve Harrington, Director of the International Association of Peer Supporters (iNAPS), as he explores—through an interactive session—ways to build resumes, obtain employment and advance careers. These are important skills for peer supporters and those they support.

The session will use the “chat” function during the webinar so participants can share strategies such as how to fill in resume “gaps,” enjoy a sense of job security, and advance one’s career.

To join the online meeting (Now from mobile devices too!)

1. Click <https://optum.webex.com/optum/j.php?MTID=m1a18bae04091baad33db8e8a7f010696>

2. Follow all prompts to access audio and join the webinar. You will be asked to provide a telephone number. Please be sure to provide a single-line number without an extension. You will be called back and given directions immediately.

Questions? Contact us at webinars@naops.org

Or visit the Free Webinars page on our website: <http://inaops.org/free-webinar-series>

Thank you for your ongoing support Optum!!!



RECORDED WEBINARS

The following recorded webinars are available:

- **April's Webinar:** Guided Tour of the iNAPS Recovery to Practice training for experienced peer supporters <http://youtu.be/I4OymMprBQY>
- **May's Webinar:** Self-Disclosure for Peer Support providers and other disciplines. <http://youtu.be/sWRpMGRG6NU>
- **June's Webinar:** Stress: The Deadly Plague (applicable to all professions). http://www.youtube.com/watch?v=sLfgIOT1X_Y&feature=youtu.be
- **July Webinar:** Recovery to Practice Six Professional Disciplines give Updates on their Recovery curricula. <http://www.dsgonline.com/RTP/webinars/7.28.2014.html>
- **August Webinar:** The Workplace Bully – Who and You and What to Do. <https://www.youtube.com/watch?v=000hCIC1YFA&feature=youtu.be>
- **September Webinar:** Emerging Roles in Peer Support: Supporting Employment and Educational Recovery. <http://www.youtube.com/watch?v=wdVyi4rBLc0&feature=youtu.be>

No Webinar in October. Our efforts were focused on the 2014 National Conference.

To access the links and presentation slides and other information from these and other past webinars, visit the webinar page on our site: <http://inaops.org/free-webinars-past>.



Our Free Webinar Series is made possible by....

Once again, we thank Peter Ashenden and Optum for continued support of this webinar series. Without their generous donation of time and technology, we could not offer these webinars to you free of charge.

You tell us!



Our webinars are well attended and raise many issues (sometimes with more questions than answers) about peer support. We are always looking for topics related to peer support practice. If you have expertise in a particular area, you may even be a future webinar presenter. To suggest a topic, describe in a few brief sentences what it is and why it is important for peer supporters.

Send your suggestion(s) to Executive Director Steve Harrington at:

steve@naops.org.

8th Annual National Peer Support Conference

Changing Times, Changing Profession

October 13-14, 2014

[Presentation Slides now Available](#)

<http://inaops.org/2014-national-conference>

Survey Data Analysis Underway

588 peer support providers and 104 agencies took the survey of peer support provider education, compensation, and satisfaction.



Selected results will be posted on our site in the coming months:

<http://inaops.org/2014-survey-of-education-compensation-and-satisfaction>

All but five of the states in the U.S. were represented in our survey responses. States not represented were: Arkansas, Hawaii, New Mexico, North Dakota, and South Dakota. We also received from outside of the U.S. from Canada, New Zealand, The Netherlands, and the U.K.

News and Upcoming Events



News from the Depression and Bipolar Support Alliance

Sign up for the DBSA Peer Partnership newsletter or DBSA Monthly Update:

http://www.dbsalliance.org/site/PageServer?pagename=education_eupdate

ROC Launches Recovery Channel

Hello Friends,



Lori Ashcraft
Executive Director
Recovery Opportunity Center

A few months ago the ROC team decided we were ready to upgrade our contribution to the task of spreading the word about recovery. What could we do? Well, the most effective way of creating a critical mass of belief seems to be to keep sharing our successes. After all, this is what prompted us to give the I.T.E . (I'm The Evidence) degree beginning in 2001.

We took on the challenge of making a new recovery story of hope, available every week to anyone anywhere in the world who could get to a computer screen to watch it. We call it the **Recovery Channel**.

Lori started interviewing people willing to tell their story, and our film crew filmed and edited the stories. We worked out a way for viewers to get an hour of training credit and CEUs for each interview they watch by completing and sending in a study guide.

The introduction to this project is now on our website and you can watch it by visiting recoveryopportunity.com and clicking on the **Recovery Channel** photo link on the homepage. You can also access the **Recovery Channel** via a phone app.

By the middle of November, the first story of recovery will air, and will remain up on the link for a full month after its release date. **Recovery Channel** stories can be viewed 24/7, and there will be a new story posted every week. The stories can be used for study groups with individuals who need hope for recovery, and in organizations to train groups of staff, both peers and non peers.

For more information about the **Recovery Channel**, take a look at the introduction and call us if you have any further questions or if you want to share your story of recovery and hope.

Sincerely,

Lori Ashcraft
Executive Director
Recovery Opportunity Center



New world organization for peer advocacy



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The Power Behind Us Is You!
Membership is Free!

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Membership is free.

Visit www.worldpeerassociation.org for more

Next National Networking Teleconference

**Source: KEY UPDATE*

Monday, November 17, 2014 | 1 p.m. Eastern Time (noon CT, 11 a.m. MT, 10 a.m. PT).

The call-in number is 866-906-0123; the pass code is 5037195#.

The next monthly national networking teleconference of the National Mental Health Consumers' Self-Help [Clearinghouse](#) will be on Monday, November 17. The purpose of the call is for peer movement activists from around the U.S. to get together, share information, and "network." Join us! If you have a topic or topics you would like to see discussed on this call, write to Susan Roger srogers@mhasp.org with the word "Agenda" in the subject line or just send an email to Susan with your contact information; this makes it easier to provide all participants with teleconference minutes. Thanks! If you would like a copy of any past minutes, write to srogers@mhasp.org with the word "Minutes" in the subject line.

Key Update! These are just a few of the announcements of interest to peer supporters and the peers we support.

Other topics in this month's issue:

- SAMHSA Offers a New Trauma Manual
- National Council Seeks Nominations for 2015 Awards of Excellence
- Psychiatric Rehabilitation Association (PRA) Issues Call for Presentations for 2015 Recovery Workforce Summit
- SAMHSA 2015-2018 Strategic Plan is Available for Free Download
- Free Videos and DVD of Stand Up for Mental Health: Comics Creating Recovery One Laugh at a Time
- Bazelon Center Has Published Summer 2014 in Brief and 2013 Annual Report
- Suicides Rise Dramatically with Increased Psychiatric Care
- New Mobile App Helps People Understand Their Own and Others' Moods
- Next National Networking Teleconference is November 17
- Consumer-Driven Services Directory

Stay informed by subscribing to **The Key Update**, a publication of the National Mental Health Consumers' Self-Help Clearinghouse.

For the current issue: <http://www.mhselfhelp.org/the-key-update-latest>

Quote of the Month

It's like Forrest Gump said, 'Life is like a box of chocolates.' Your career is like a box of chocolates - you never know what you're going to get. But everything you get is going to teach you something along the way and make you the person you are today. That's the exciting part - it's an adventure in itself.

--Nick Carter

Membership Form



International Association of Peer Supporters (iNAPS) A non-profit organization (www.inaops.org)

The International Association of Peer Supporters (formerly the National Association of Peer Specialists) welcomes all who support peer support in healthcare. We promote the use of peer support in a variety of settings, including but not limited to mental health and addictions. Members receive a certificate, e-mail newsletter, and registration fee discounts for the annual national peer support conference.

Join our ranks to be informed, involved and bring peer support to those who need it most!

To join, simply complete the following information form. The cost of membership is \$25 annually. If you do not have an e-mail address or would like to receive your quarterly newsletter in hard copy form, please check the box.

Please Print Clearly!

Name _____

Address _____

City _____ State _____ Zip _____

E-Mail _____

Amount Enclosed: \$ _____

I'd like to make a donation to help those who cannot afford membership \$ _____
(Donations are tax-deductible for most people. Check with your tax expert.)

Please mail me a "hard copy" print version of the newsletter.

**Please mail completed form to:
iNAPS, P.O. Box 67, Trufant, MI 49347
Fax: 616-233-0832**