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National Conference:
**Peer Support –
Changing Times,
Changing Profession**
*October 13 and 14, 2014
Atlanta, GA*



*(Pre/Post Institutes:
October 12 and 15, 2014)*

2014 Conference Sponsors

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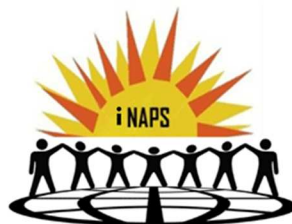
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iNAPS Website:
www.inaops.org

iNAPS eNewsletter

CONFERENCE EDITION

October 2014



<http://www.inaops.org>

International Association of Peer Supporters (iNAPS)

iNAPS is a 501(c)(3) charitable organization

IMPORTANT ANNOUNCEMENT



The National Conference Site has changed.

The Sheraton Gateway Atlanta Airport Hotel (original site) encountered emergency structural problems in their conference meeting rooms and events scheduled there have been relocated.

**Lodging rooms are still available at the Sheraton,
but the National Conference site has been relocated.**
Transportation between the hotels is being negotiated.

The new location is the [Crowne Plaza Atlanta Airport Hotel](http://www.cpatlantaairport.com).

1325 Virginia Ave, Atlanta, GA 30344 ph.(404) 768-6660

Website: <http://www.cpatlantaairport.com>

More information about the change will be made available on our website and through email notices as soon as alternate arrangements can be worked out with the hotels.

Contents this Issue

- **Conference Registration is Still Open** (walk in's welcome)
 - **Conference Schedule** (still subject to change)
 - **Pre and Post Conference Institutes** (some great values)
 - **Webinar updates / Survey Reminder**
 - **Our Conference Sponsors**
 - **Membership Form** (still time to save on registration)
-



To Register Online:

<https://2014-inaps-conf-atlanta.eventbrite.com>

For Updates on the Conference:

<http://www.inaops.org/2014-national-conference>

8th ANNUAL NATIONAL CONFERENCE New Location



Crowne Plaza Atlanta Airport
1325 Virginia Ave, Atlanta, GA 30344
Phone: [\(404\) 768-6660](tel:4047686660)

Website: <http://www.cpatlantaairporthotel.com>

Conference Registration

Price does not include hotel, meals, or travel.

Full Conference (2-Day)

Non-Member rate: \$260.00

Member rate: \$230.00

Single Day Rate

Non-Member rate: \$150.00

Member rate: \$120.00

8th Annual National Peer Support Conference

Changing Times, Changing Profession

Preliminary Schedule

NEW LOCATION!!

Crowne Plaza Atlanta Airport: 1325 Virginia Ave, Atlanta, GA 30344

Phone: [\(404\) 768-6660](tel:4047686660) | **Website:** <http://www.cpatlantaairport.com>

Sunday, Oct. 12

7-8:30 p.m. Reception (complimentary). Sponsored by Colorado River Behavioral Health Systems

7-10:30 p.m. Film Screenings (complimentary)

***See page 3 for information on this and the separate pre-conference institutes*

Monday, Oct. 13

8-9 a.m. Continental Breakfast (complimentary)

9-9:20 a.m. Welcome, Introductions, Conference Overview (plenary session)

9:20-10:30 a.m. Opening Keynote—Larry Davidson, Ph.D., Yale University (Program for Recovery and Community Health); History of Peer Support, Challenges for the Future (plenary session)

10:30-11:15 a.m. Larry Fricks—Peer Support Pioneer—Where We Are, Where We Can Go—(plenary session)

11:15-12:15 p.m. Allen Daniels and Peter Ashenden—Strategic Decisions for the Peer Support Profession (plenary session)

12:15-1:30 p.m. Lunch—On Your Own

1:30-2:45 p.m. Self-Disclosure Panel (plenary session)

2:45-3 p.m. Switch break

3-4:10 p.m. Workshops (3 breakout sessions)

Peer Support and the First Nations, Culture and Recovery —
Michael Runningwolf, Spencer Tinder

Grow into Recovery-Bryan Rich

Exploring Pioneer Roles-Jo Bower

Monday, Oct. 13 (continued)

4:10-4:25 p.m.	Switch Break—Refreshment Break (complimentary)
4:25-5:30 p.m.	Steve Ford—Personal Experiences with Life Challenges (plenary session)
5:30-5:40	Switch Break
5:40-6:50	Workshops (3 breakout sessions) Stepping Beyond Illness—Steve Nawotniak Intentional Peer Support—Steve Morgan Peer Supports in 12-Step: Separating Personal Recovery from Work— Nicole Plonte & Shannon McCleerey-Hooper
8-9 p.m.	iNAPS Annual Membership Meeting

Tuesday, Oct. 14

8-9:00 a.m.	Continental Breakfast (complimentary)
9-9:10 a.m.	Welcome Back!
9:10-10 a.m.	Keynote—Mark Ragins, M.D., Psychiatrist, The Village of Los Angeles— Recovery Advocacy Then and Now (plenary session)
10-11 a.m.	Workshops (3 breakout sessions) How Do You Know Your Group is Effective?—Patricia McDermott Collaboration: A Recovery Practice—Shannon McCleerey-Hooper Self-Disclosure for Everyone: Coming Out Proud Program (COPp)—Patrick Corrigan
11 a.m.-Noon	Anthony Stratford, Mind Australia, and Anne Beales, Together, United Kingdom--Peer Support Around the World (plenary session)
Noon-1:30 p.m.	Lunch (On Your Own)
1:30-3:15 p.m.	Workshops (3 breakout sessions) Beyond Compassion Fatigue—Ted Thomas Puppy Love: A Drug of Choice—Carrie Roach Arts and Peer Support I--Gayle Bluebird, Susan Meekhof, Franzwa Watson (maximum 20 participants)
3:15-3:30 p.m.	Switch Break

Tuesday, Oct. 14 (continued)

3:30-4:45 p.m. Workshops (3 breakout sessions)

The Art of Engagement—Adrienne Robinson, Kenneth Lewis
Learning with Laughter—Max Rowland, Jr.
Arts and Peer Support II—Gayle Bluebird, Susan Meekhof, Franzwa
Watson (continuation of Part I)

4:45-5 p.m. Switch Break

5-5:30 p.m. Awards, Closing Ceremony (plenary session)

Pre/Post Conference Institutes

These events are IN ADDITION TO and a SEPARATE CHARGE FROM the main conference. Register directly with each Institute organizer for all of the workshops below.

Sunday, Oct. 12 – Institutes

(separate charge from conference/contact organizer directly)



Recovery Opportunity Center (ROC)

<http://www.recoveryopportunity.com/>

½ Day Institute

Sunday, October 12 (8:30 am – 12:00 noon):

Recovery Coaching; The Gateway to a Recovery Conversation

½ Day Institute

Sunday, October 12 (1:15 pm – 4:45 pm):

Recognizing the Emerging Leader in YOU

To register (contact)

PJ Simonson pj.simonson@recoveryopportunity.com or call toll-free (866) 481-5362

Jen Anderson jen.anderson@recoveryopportunity.com or call toll-free (866) 481-5362

Sunday, Oct. 12 – Evening

(free of charge / open to the public)

7-8:30 p.m. Reception— (complimentary) – no pre-registration required.

7-10:30 p.m. Film screening and discussion — (complimentary)

1. *Kings Park: Stories from an American Mental Institution.* See trailer: <http://kingsparkmovie.com/>
2. *The Power of Peers: A New Recovery Model.* View online: <http://dbhdd.georgia.gov/videos/power-peers-new-recovery-model>
3. *Coming Out Proud – Self-Disclosure discussion.* <http://www.stigmaandempowerment.org>

Wednesday, Oct. 15 -- Institutes

(separate charge from conference/contact organizer directly)



Recovery Opportunity Center (ROC)

<http://www.recoveryopportunity.com/>

1 Day Institute

Wednesday, October 15 (8:30 am – 4:30 pm):

Peer Specialists! Advanced Skills for the Next Level (Full Day)

To register (contact)

PJ Simonson pj.simonson@recoveryopportunity.com (866) 481-5362

Jen Anderson jen.anderson@recoveryopportunity.com (866) 481-5362



Depression and Bipolar
Support Alliance

1/2 Day Institute

The Depression and Bipolar Support Alliance (DBSA)

Wed. October 15 (9:00 AM to 12:00 Noon)

We DO talk about that: Diagnosis, Treatments, and the Role of Peer Support

To learn more or register (contact)

Send email to training@dbsalliance.org or call toll-free: (800) 826-3632

Wednesday, Oct. 15 – Oct 19

(separate charge from conference/contact organizer directly)



Wednesday, October 15 – Saturday, October 18 (4 day training)

Next Steps – Collaborative Learning for Working Peer Specialists

(Prerequisite: one year of paid or volunteer work as a peer support provider.)

Sunday, October 19

Facilitator Orientation (optional)

Must register for and complete Next Steps (4 day) training above.

Extra fee applies

To learn more or register (contact)

Send email to training@dbsalliance.org or call toll-free: (800) 826-3632

Visit the **National Conference page** on our website for updates to the conference schedule, accommodations, or travel arrangements.

<http://inaops.org/2014-national-conference/>

Thank you for your patience during this last minute change in location. Sorry for any inconvenience!

National Conference

Plenary Speaker Lineup



Steve Ford is the son of former president and first lady Gerald and Betty Ford. He is an accomplished actor and rodeo star. Ford relates to peer support as he has not only dealt with the addiction challenges of his famous mother but himself as well. His presentation promises to be inspirational and we are excited to bring him to our conference



Larry Fricks is recognized as a peer support pioneer and his work has brought peer support throughout the U.S. and internationally. Fricks is Director of the Appalachian Consulting Group and a powerful advocate for whole health (mind and body) care. He will share insights about peer support in his personable, humorous way.



Mark Ragins, M.D., is the founding psychiatrist at The Village in Long Beach, Calif. The Village, operated by MHA-Los Angeles, is an innovator in addictions and mental health services. Ragins has been a recovery advocate since 1990 by promoting humanistic and integrated approaches. His articles on recovery have become popular reading for all healthcare disciplines.



Anthony Stratford is an executive at Mind Australia, Australia's largest provider of mental health services. Stratford has traveled the globe to advocate for peer support. **Anne Beales** is the Director of Service User Involvement at Together in the United Kingdom. Together they will share what news from around the world and a new initiative to create a global peer support charter.

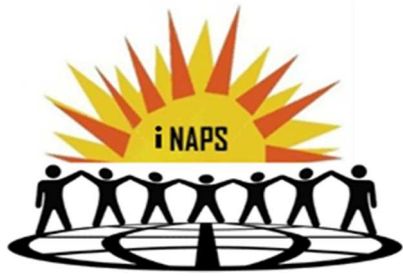


Allen Daniels is a healthcare consultant who has been instrumental in helping organizations chart courses that include peer support. Daniels is a "critical thinker" who will share his vision about future decisions for the peer support profession. He will be joined by **Peter Ashenden, Director of Consumer Affairs for Optum.**



Larry Davidson is a professor of psychology and Director of the Program for Recovery & Community Health at Yale University. He is also the Director of the SAMHSA-funded Recovery to Practice Project. He is an inspirational and highly entertaining speaker. In a recent interview, Larry said he focused his career on understanding peer support because it is one of the few new advances made in the field in the last 30 years. It promises to revolutionize all of behavioral health, and it is such a positive, if difficult, enterprise that is much more interesting, and gratifying, than most other topics in mental health.

RECORDED WEBINARS



The following recorded webinars are available:

- **April's Webinar:** Guided Tour of the iNAPS Recovery to Practice training for experienced peer supporters <http://youtu.be/l4OymMprBQY>
- **May's Webinar:** Self-Disclosure for Peer Support providers and other disciplines. <http://youtu.be/sWRpMGRG6NU>
- **June's Webinar:** Stress: The Deadly Plague (applicable to all professions). http://www.youtube.com/watch?v=sLfGI0T1X_Y&feature=youtu.be
- **July Webinar:** Recovery to Practice Six Professional Disciplines give Updates on their Recovery curricula. <http://www.dsgonline.com/RTP/webinars/7.28.2014.html>
- **August Webinar:** The Workplace Bully – Who and You and What to Do. <https://www.youtube.com/watch?v=000hCIC1YFA&feature=youtu.be>
- **September Webinar:** Emerging Roles in Peer Support: Supporting Employment and Educational Recovery. <http://www.youtube.com/watch?v=wdVyi4rBLc0&feature=youtu.be>

To access the links and presentation slides and other information from these and other past webinars, visit the webinar page on our site: <http://inaops.org/free-webinars-past>.



Our Free Webinar Series is made possible by....

Once again, we thank Peter Ashenden and Optum for continued support of this webinar series. Without their generous donation of time and technology, we could not offer these webinars to you free of charge.

You tell us!

Our webinars are well attended and raise many issues (sometimes with more questions than answers) about peer support. We are always looking for topics related to peer support practice. If you have expertise in a particular area, you may even be a future webinar presenter. To



suggest a topic, describe in a few brief sentences what it is and why it is important for peer supporters.

Send your suggestion(s) to Executive Director Steve Harrington at: steve@naops.org.

An Invitation:

Tell us about you and your peer support provider program

We will continue to gather information from peer support providers (any title, employed or volunteer, full or part time) up to and including the conference next week. We are also asking organizations that hire peer support providers to take the survey. Information collected will help us better understand the current state of peers in the workforce so we can better meet your needs!

Please share your piece of the puzzle and invite your peers and organizations to do the same!



Peer Support Provider survey

https://www.surveymonkey.com/s/Peer_EdCompSat

Agency survey

https://www.surveymonkey.com/s/Agency_EdCompSat

For more, visit: <http://inaops.org/2014-survey-of-education-compensation-and-satisfaction>

Other News

Key Update! Stay informed by subscribing to **The Key Update**, a publication of the National Mental Health Consumers' Self-Help Clearinghouse. For the current issue: <http://www.mhselfhelp.org/the-key-update-latest>



NEWS FROM ALTERNATIVES

Alternatives 2014 Is an Approved Provider of CEUs and \$425 Registration Rate Extended Through October 9!

Alternatives 2014 will be held at the Caribe Royale Hotel in Orlando, Florida, October 22-26, 2014! Alternatives 2014 is now an approved provider of Continuing Education Credit (CEU) by the Florida Certification Board! CEUs can be earned by attending conference sessions; you will receive 1 CEU for every hour of a session you attend.

The \$425 registration rate has been extended through October 9! To register, [click here](#). For more information about the conference, please visit the Alternatives 2014 website: <http://alternatives2014.mhasp.org>.



November 10-12, 2014

Ramada Inn - 1450 S. Atherton St - State College, PA 16801

Don't Miss the Copeland Center (WRAP) Summit in State College, PA on November 10-12, 2014

It promises to be filled with inspirational workshops and practical tips that are relevant to the practice of peer support. **To learn more, visit:** <https://copelandcenter.com/our-services/copeland-center-summit>

[EDITOR'S NOTE] **Coming Out Proud Program (COPp)** was featured in last month's newsletter and it is in the running for a Scattergood Foundation Innovation Award. Innovator Patrick Corrigan will be one of the featured presenters at the National Conference and will speak about this innovative program and the benefit it can bring to those who provide peer support!

NATIONAL CONSORTIUM ON STIGMA AND EMPOWERMENT

Innovation Title:

COMING OUT PROUD to erase the stigma of mental illness

Project Description:

Stigma greatly harms the behavioral health of people with mental illness leading to diminished self-esteem, less care seeking, worse mental and physical health, and poor quality of life. Mental health consumers and advocates have learned from other disenfranchised groups that stigma may be overcome and empowerment promoted by embracing one's identity and coming out with personally meaningful experiences (Corrigan & Kosyluk 2013). Disclosure decisions must be made cautiously however, given many still discriminate against people with mental illness. "**Coming Out Proud (COP)** to erase the stigma of mental illness" is an innovative approach to decrease self-stigma, promote empowerment, and build the cadre of people with lived experience who challenge the public's stigma of mental illness. Developed by mental health consumers and advocates, COP is a three session program.

- Session 1: consider pros and cons of disclosure in specific settings; e.g., work, neighborhood, faith-based community. If the person decides to disclose in a specific setting, then:
- Session 2: learn relatively safe ways to disclose; and
- Session 3: craft one's story to achieve personally meaningful goals.

The program includes manual, workbook, psychometrically sound and brief outcome measures, fidelity instrument, and technical support, all available for free.

Contribute to Research!

A research team from the University of Detroit-Mercy will be conducting focus groups during the conference. More information will be available at the conference. This is an opportunity to contribute to a better understanding of peer support!

Conference Registration

8th National Peer Support Conference *Peer Support: Changing Times, Changing Profession* October 13 & 14, 2014

NEW LOCATION: Crowne Plaza Atlanta Airport
1325 Virginia Ave, Atlanta, GA 30344
Phone: (404) 768-6660
<http://www.cpatlantaairporthotel.com>

Note: Lodging is still available at the Sheraton. Transportation between the original and new hotel location is being negotiated.

Print and mail (or e-mail) to: Steve@naops.org
Or fax: (616) 233-0832

To register for the conference, complete this form and enclose payment. Each attendee must complete a separate form. The registration fee covers conference workshops, two continental breakfasts, and refreshment breaks only. Travel, hotel accommodations, and other meals are not covered under registration fee.

A discount rate for lodging of \$119 single/double plus applicable taxes, has been negotiated for a limited number of rooms at the hotel for those who will be attending our conference.

Call the toll-free reservation line: 1-888-627-7046 and let them know you are attending the NAPS conference, or access Sheraton Reservations for the discount rate online:
<https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1312178257&key=36EC6>

The number of discount rooms is limited so make your reservations early!

8th National Peer Support Conference Peer Support: Changing Times, Changing Profession Registration

Register online (processing fee applies) <https://2014-inaps-conf-atlanta.eventbrite.com>

Or save credit card processing fees by submitting payment by mail with this form:

Name _____

Telephone # _____

Street Address or P.O. Box _____

City _____ State _____ Zip _____

E-Mail Address (if available) _____

Any Special Needs (please indicate) _____

Conference Registration -- 2

Choose sessions you are registering for and enter the total registration amount.

Full Conference (2 days) Regular Price	One Day of the Conference	Total Registration (Fill in the total below)
\$260	\$150	Enter the Registration Total:
Member rate: \$230	Member rate: \$120	

Join iNAPS and save!!
If you are not already a member, or your membership has lapsed, submit your membership form at the time you submit this registration.

Membership forms can be found on our website: www.inaops.org, under the Join Us link.

iNAPS is a non-profit organization, Federal I.D. #46-1719864.

Payment must accompany registration form.

Checks should be made payable to "iNAPS" and sent with the registration form to:

iNAPS, P.O. Box 67, Trufant, MI 49347

To pay by credit card, please provide the following:

Name on Card _____

Phone # _____

Card # _____

Expiration Date _____

Amount to be charged: **\$** _____

Or to register online visit:

<https://2014-inaps-conf-atlanta.eventbrite.com>

For more information visit the iNAPS website <http://inaops.org/2014-national-conference/>.

Please Note: The pre-conference institutes on Oct. 11 & 12 will be sponsored by other organizations and the National Conference registration fee does not include the costs of those other institutes. More information on those events will be available soon! Visit <http://inaops.org/2014-national-conference/> to learn more.

Organizations and Philanthropists...

Interested in earning national recognition and rewards?

Make a Donation toward the 8th Annual National Peer Support Conference

This year will mark the 10th anniversary of the International Association of Peer Supporters (formerly the National Association of Peer Specialists). Our association works to promote and facilitate the use of peer supporters primarily in the substance use and mental health disorder fields. We provide information valuable to the profession and also advance the profession through education of other healthcare disciplines about the appropriate roles of peer supporters.

The 2014 conference will be held in October in Atlanta, GA. Our speaker lineup includes **Steve Ford, son of former President Gerald and First Lady Betty Ford**. Steve Ford is an accomplished actor and has his own addictions experience. Other speakers include **Larry Davidson**, Consultant and visionary **Allen Daniels**, **Anthony Stratford** of Australia, **Anne Beales** of the United Kingdom, peer support pioneer **Larry Fricks**, and other experts in the development of peer support.

Although we have a solid success record of national conferences, we want this one to be our best yet. Unfortunately, peer supporters remain among the most low-paid in the healthcare profession. To keep costs reasonable so we can serve as many peer supporters as possible, we are seeking financial support. Below are some levels of support to consider:

- **Platinum**-\$5,000+: Donors receive a full-page recognition in the conference program, complimentary exhibit table and conference registration for five.
- **Gold**-\$1,000-\$5,000: Donors receive a half-page recognition in the conference program, complimentary exhibit table and conference registration for two.
- **Silver**-\$200-\$999: Donors receive a quarter-page recognition in the conference program and complimentary exhibit table.

In addition to these benefits, donors may designate particular uses for the funds provided. For example, donors may wish to sponsor specific attendees, a meal, a keynote address or a reception. iNAPS is a 501(c)(3) charitable organization and any of these donations may be tax deductible (see next page for details).

We hope you or your organization will consider becoming a donor for this important event. Without the assistance of organizations and people who care deeply about peer support, we would be unable to thrive. For questions or additional information, please contact Steve Harrington, Executive Director, at: steve@naops.org.



8th Annual National Peer Supporter Conference

OUR SPONSORS

PLATINUM SPONSORS



www.optum.com

Recover Resources



www.recoverresources.com



At Otsuka, we dream and act like a *big venture* company.

www.otsuka-us.com



Depression and Bipolar
Support Alliance

www.dbsalliance.org



GOLD SPONSORS



www.recoveryopportunity.com



New Mexico
Behavioral Health Collaborative

www.bhc.state.nm.us/BHConsumers/OCA.html

SILVER SPONSORS



www.gmhcn.org

Padron and Associates

Leadership | Peer Workforce
Behavioral and Physical
Integrated Health



<http://Padronandassociatesllc.com>

Membership Form



International Association of Peer Supporters (iNAPS) A non-profit organization (www.inaops.org)

The International Association of Peer Supporters (formerly the National Association of Peer Specialists) welcomes all who support peer support in healthcare. We promote the use of peer support in a variety of settings, including but not limited to mental health and addictions. Members receive a certificate, e-mail newsletter, and registration fee discounts for the annual national peer support conference.

Join our ranks to be informed, involved and bring peer support to those who need it most!

To join, simply complete the following information form. The cost of membership is \$25 annually. If you do not have an e-mail address or would like to receive your quarterly newsletter in hard copy form, please check the box.

Please Print Clearly!

Name _____

Address _____

City _____ State _____ Zip _____

E-Mail _____

Amount Enclosed: \$ _____

I'd like to make a donation to help those who cannot afford membership \$ _____
(Donations are tax-deductible for most people. Check with your tax expert.)

Please mail me a "hard copy" print version of the newsletter.

**Please mail completed form to:
iNAPS, P.O. Box 67, Trufant, MI 49347
Fax: 616-233-0832**