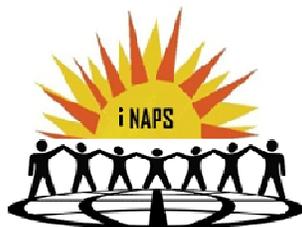


iNAPS eNEWS- June 2013

Practice Standards – Special Edition



<http://www.naops.org>

International Association of Peer Supporters (iNAPS)
– formerly the National Association of Peer Specialists (NAPS)



We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.
~Thomas Jefferson

National Practice Standards - Update

Ethical Guidelines and Standards Now Open to Public 'Field' Review!

Comments Due by June 21, 2013

The effort to create national practice standards for peer support has been underway since our last national peer support conference in Philadelphia last September. Since that time, we have worked diligently to gather information through surveys, focus groups, literature reviews and personal interviews to gain an understanding of the values peer supporters hold most dear.

With this newsletter, we are announcing a 'field review' draft that is available on our website for you to review.

<http://na4ps.wordpress.com/national-standards/>

At the end of the draft, is a link to a survey for you to indicate if the document reflects YOUR values and the guidelines you would choose to follow in your practice of peer support.

We hope to have a high level of acceptance from this 'field review' and will include comments submitted through the survey in a 'working' statement on values and guidelines that will be distributed to policymakers by the end of June. Once this is accomplished, we will work with SAMHSA's Bringing Recovery Supports to Scale - Technical Assistance Center Strategy (BRSS TACS) to identify and describe the core peer support competencies. An ethical code for peer supporters may result from that effort. Together, the guidelines, competencies, and code of ethics will form nationally-recognized practice standards to give peer support greater credibility as a well-defined occupation. Once established, the standards will help employers to create appropriate job descriptions and provide peer supporters ways to effectively advocate for more meaningful roles and tasks.

We expect this endeavor to endure well beyond the end of June as we obtain more information and modify standards elements. But we must develop a "good draft" soon in order to inform policymakers as they prepare for implementation of the Affordable Care Act.

Updates about this project will continue to be posted on the National Practice Standards page of the iNAPS website: <http://na4ps.wordpress.com/national-standards>

Please take a few minutes now to review the document and provide your thoughts by **June 21, 2013**. Thank you for your help!

NOTE: To receive ongoing updates by email about the **National (U.S.) Practice Standards** project, send an email with **JOIN** in the subject line to naps-standards@naops.org.

Peer Support Continuing Education (Free Webinar 3): *Recovery Roles and Values - Boundaries and Ethics of Peer Support*



Mark Your Calendar: June 21, 2013

<http://na4ps.wordpress.com/free-webinar-series/>

Join us for a free webinar designed for peer supporters (also applicable for peer recovery coaches) on recovery roles and values. The webinar will be co-presented by **Gladys Christian** and **Rita Cronise**.

Recovery roles and values are different for peer supporters and recovery coaches than for traditional mental health or behavioral health care workers. This is because the depth of understanding, empathy, and trust that develops between peers and peer supporters – who have 'been there' is different. As a result, recovery values play important an important role when it comes to the ethics and appropriate boundaries for peer support.

This is the third in a series of free continuing education webinars by the International Association of Peer Supporters (iNAPS), which are available free of charge through the generous support of OptumHealth.

The webinar is scheduled for June 21, from 12:00 noon to 1 p.m., EDT. To receive a free certificate of participation, you will be asked to complete a brief quiz after the webinar (the link will be available on our website at the conclusion of the webinar (www.naops.org). A certificate of attendance will be mailed to you 3-4 weeks after the webinar. **No pre-registration is required!**

Questions? Contact us at: webinars@naops.org

Participant Call-in and Online Access (also available on the iNAPS website):

Topic: Recovery Roles and Values

Date: Friday, June 21, 2013

Start Time: 12:00 noon, Eastern Daylight Time | 11:00 am, Central Daylight Time

Audio conference information: TO BE PROVIDED ON THE DAY OF THE WEBINAR

To start or join the online meeting:

<https://optum.webex.com/optum/j.php?ED=180044282&UID=491905707&PW=NMjc1ZjY1Y2Vk&RT=MIM3>

Note: The webinar originates in Chicago, which is on central daylight time. The log in screen may say the webinar will start at 11:00 AM CDT because that corresponds to 12:00 Noon Eastern. **The webinar will start at the time in your zone that corresponds with 12:00 noon (Eastern).**

If this is the first time you have joined one of these webinars, log in at least five minutes prior to the start time (12:00 noon Eastern) to download the webinar application software that will allow you to join the webinar. Then call the toll-free conference line with the access code that is provided to hear the audio.

Mark your calendar:

To add this meeting to your calendar (for example Microsoft Outlook), click:

<https://optum.webex.com/optum/j.php?ED=180044282&UID=491905707&ICS=MS&LD=1&RD=2&ST=1&SHA2=/tHD93pa9UKYa-pa8Go1FYyvb-kcAnR8ovF3RHC5vaE=>

For additional assistance:

1. Go to <https://optum.webex.com/optum/mc>
2. On the left navigation bar, click "Support".

Meeting Number: 647 757 309

Meeting Password: optum

To check whether you have the appropriate players installed for UCF (Universal Communications Format) rich media files, go to:

<https://optum.webex.com/optum/systemdiagnosis.php>.

<http://www.webex.com>

About this free webinar series:

The webinar series consists of eight, one-hour sessions delivered by a variety of experts involved in the **Recovery to Practice** project. “We hope some states will grant continuing education credits for participation,” Harrington said. “It will be the responsibility of participants to request such credits from state or local officials who certify peer recovery supporters.” Although the webinar series is designed for working peer recovery supporters, it is open to anyone who is interested.

To learn more about the series, visit: <http://na4ps.wordpress.com/free-webinar-series/>



7th ANNUAL PEER SUPPORTER CONFERENCE

California, Here We Come!



SAVE THE DATES: Conference on AUGUST 27-28, 2013
(Pre- and post-conference institutes now in the planning stages.)

Mark your calendars now for the **7th Annual National Peer Supporter conference!**

Join us for another annual gathering of friends and colleagues to share innovations and information – and to have a great time! The site of the 2013 conference will be the Sheraton Garden Grove Anaheim South, in Garden Grove (near Anaheim) California.

Address: 12221 Harbor Boulevard, Garden Grove, CA 92840.

The hotel is conveniently located close to Disneyland and other attractions.

The conference discount lodging room rate will be \$100 per night, single/double, and the hotel is close to two major airports (Orange County and LAX).

We hope you will be able to join us!

Conference Travel Information (Update)

For those who are making travel arrangements, it will be most convenient to fly into the Orange County John Wayne International Airport (airport code SNA). The hotel does not offer a shuttle service. The taxi cost is \$50-\$60 one way from the airport to the hotel, but it is possible to arrange to have a Super Shuttle (which picks up and delivers multiple passengers to multiple destinations) for \$10 one way from the airport to the hotel. It takes longer, but it is less expensive. (Search for SuperShuttle through your favorite search engine.) There is no public transportation between the hotel and the airport, so plan ahead.

Conference Scholarships on 'Hold'

May 24 marked the deadline for applying for SAMHSA-funded scholarships for the 7th Annual National Peer Support Conference in Anaheim, California, Aug. 27-28. Although we were encouraged to distribute and accept application forms, it remains uncertain if scholarships will actually become available until budget issues are settled by the federal government. It is possible we may not know whether the scholarships will be available until shortly before the conference.

Other ways to find financial support to attend the conference include:

- Asking employers or officials in your state, county, or town.
- Seeking funding from mental health organizations such as local NAMIs, MHAs, etc.
- Asking local civic groups (Lions and Rotary clubs, Veterans of Foreign Wars, etc.) for support in exchange for presenting a program on peer support and what you learn at the conference
- Exploring local community foundations
- Asking for contributions from friends and family members, possibly as part of birthday, anniversary or Christmas gifts
- Explore fundraising events such as car washes, bake sales, yard sales, etc.

We hope to see you at the conference! The call for workshops has been extended so we may provide a "balance" of topics. But a great many excellent proposals have already been received so we are certain this will continue to be a fun and meaningful event!

National Conference Call for Workshops Application

Extended to June 11, 2013 (For Specific Topics Listed Below)

We received many workshop proposals and appreciate the high quality of all the submissions. The selection process is underway and the program will be established within a few weeks. We anticipate notifying those who submitted proposals whether or not they have been accepted by the end of June.

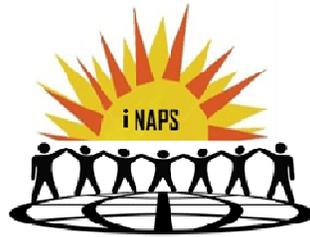
EXTENDED DEADLINE – LIMITED TOPICS

- Workshop Presenter Application

7th Annual National Peer Support* Conference

International Association of Peer Supporters (iNAPS)

Growing Bigger and Better: Improving Peer Support Through Sharing



August 27-18, 2013
Garden Grove, California

The International Association of Peer Supporters (iNAPS) is seeking additional workshop proposals for its seventh annual national peer specialist conference.

iNAPS is specifically seeking proposals addressing three topic areas:

- Peer support for substance use and mental health issues (integrated approaches)
- Peer support for youth and families
- Peer support for veterans

Proposals will be evaluated based on the value of information provided to participants and the manner in which it is presented. This means “practical” information and/or skills that can be used by peer supporters in their practices are sought. For example, a workshop proposal that simply describes a program is not as valuable as a proposal that describes not only a unique or unusual program but the barriers faced, mistakes made and lessons learned.

Workshops that provide “advanced” level information are preferred. Note that participants find handouts useful and are strongly encouraged. About 65 copies should be available for participants (extra copies—if unused during workshop sessions--will be made available at a literature table for those who cannot attend a session).

All contact between the conference planning committee and workshop proposal applicants will be with the listed “primary presenter.” If submitting more than one workshop proposal, each workshop proposal must be submitted on separate forms.

WORKSHOP PRESENTER APPLICATION (Continued)

All workshop presenters selected are responsible for lodging, non-conference meals, travel and other expenses. Due to financial constraints and our desire to keep conference fees as low as possible for all attendees, **no** discounts for conference fees will be offered except for members and the “early bird” rate.

All presenters must register for the conference and pay registration fees no later than Aug. 1, 2013.

iNAPS welcomes workshop proposal submissions from both experienced and novice presenters. Although not required, those submitting proposals may provide a resume with the proposal if they wish. Proposals will be received by U.S. Mail (NAPS, 720 Clarkson Dr., Sparta, MI 49345 or by e-mail: steve@naops.org).

Some audio-visual equipment will be available but presenters are encouraged to bring their own such equipment and should be proficient in its use.

1. Primary Contact/Presenter

Name: _____

Agency: _____

Street: _____

City, State/Province/Zip _____

Day Phone: _____ Email: _____

2. Title of Workshop: _____

3. Description (50 words maximum):

4. **Learning Objectives:** (Please list at least three learning objectives and state them as skills. For example, it is preferable to say: “Participants will be able to communicate effectively with homeless persons,” as opposed to: “Participants will learn how to communicate with homeless persons.” This is necessary for CEU granting entities).

5. **Will handouts be available?** ___ Yes ___ No

6. **Have you presented this or similar workshops before?** If so, please explain.

Please note: We are always looking for new talent, topics, and presenters. “Repeat” workshops on the same or similar topics by the same individual(s) who have presented in the past are unlikely to be selected.

7. **Co-Presenters** (please provide names, addresses, e-mails—Note: up to three presenters—including primary presenter--total will be eligible for complimentary iNAPS membership for one year):

Workshop proposals must be submitted no later than June 11, 2013

This promises to be an exciting event. Your contributions are appreciated.

Please return this completed document to:

iNAPS
720 Clarkson Dr.
Sparta, MI 49345

Or e-mail to: steve@naops.org

Call for Sponsors/Contributors/Exhibitors

If you are part of an organization that would like to be a sponsor or have an exhibitor table at the conference, let us know! We have a limited amount of exhibitor space available and will accept advertisements in our promotional materials and conference program. *A conference flyer and exhibitor/sponsor form is available on our website.* (www.naops.org)
Help us spread the word!

NATIONAL CONFERENCE Submission Deadlines:

- Targeted Call for Workshops– deadline for submission: June 11, 2013.
- Exhibitor Advertising/Sponsorships – deadline: June 30, 2013
- Early Bird Discount Registration Rate– deadline: July 31, 2013.
- Conference Flyer – help us spread the word!

Visit the **National Conference page on our website for these forms and more information (as we have it) about the conference.** <http://na4ps.wordpress.com/7th-annual-national-conference/>

FEATURED RESOURCES

Recovery to Practice



Many visions of recovery-oriented services are converging into a rich tapestry of practices based on peoples' lived experiences of recovery. However, the information on these practices is scattered and can be hard to find. The **Recovery to Practice Resource Center** was designed to bring together all of the existing information and relevant materials on translating recovery into practice in one, centralized place.

Website:

<http://www.samhsa.gov/recoverytopractice>

Overview:

<http://www.samhsa.gov/recoverytopractice/Documents/RTPOverview.pdf>

Recovery to Practice information specifically for Peer Recovery Support Providers:

<http://rtp4ps.org>

Listserv:

<http://www.samhsa.gov/recoverytopractice/JoinListserv.aspx>

Join the Listserv to receive weekly highlights and quarterly updates. If you have a recovery story to share, please contact Recovery to Practice at: 877-584-8535 or recoverytopractice@dsgonline.com.

The Key Update



National Mental Health
Consumers' Self-Help Clearinghouse

www.mhselfhelp.org

The Key Update is the free monthly e-newsletter of the National Mental Health Consumers' Self-Help Clearinghouse, <http://www.mhselfhelp.org>. This is a great way to stay up to date on current news and events in the world of mental health. To register, visit: <http://www.mhselfhelp.org/register/register.php>

FEATURED SPONSORS OF the National Conference for Peer Supporters



A peer-operated micro-enterprise and long-term sponsor of NAPS (now iNAPS), which is a clearinghouse for motivational public speakers, inspirational posters, DVD's, books and publications, and the official NAPS Peer Specialist Training Manual. (*Ready, Set, Do It!!* www.recoverresources.com)



OptumHealth provides the information, tools and solutions people need to help navigate the health care system, finance their needs, and achieve their wellness goals so they can live the healthiest lives possible.

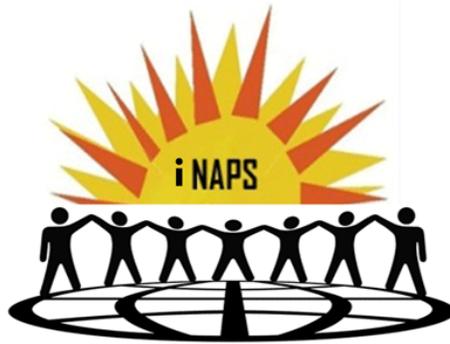
<http://www.optumhealth.com/>

**Want to be listed as a sponsor or partner in upcoming conference promotions
or future issues of iNAPS eNEWS?**

Visit the National Conference Exhibitor/Contributor registration page:
<http://2013inapsconferencesponsorship.eventbrite.com>

Or contact Steve Harrington at steveh@naops.org

About the International Association of Peer Supporters (iNAPS)



Our name has changed, but our mission remains the same....

On January 1, 2013, the National Association of Peer Specialists (NAPS) was renamed the **International Association of Peer Supporters (iNAPS)** to reflect an increasingly global membership and correct a widespread misperception that NAPS was only for “certified” peer specialists in the mental health system.

iNAPS is open to anyone who provides peer recovery support (paid or as a volunteer) for mental health, addiction, or trauma recovery; anyone who aspires to provide peer recovery support, or anyone who is a champion for recovery and the peer support movement.

Help us to spread the word.....

Individual membership to iNAPS is available....

iNAPS is taking applications for membership. Benefits of membership include:

- Membership certificate
- Regular newsletter with periodic email updates
- Discount on registration fee to the annual National Peer Supporter conference

Membership applications are accepted by postal mail only.

See the application on the next page or visit the iNAPS web site to download a copy of the membership form (<http://na4ps.wordpress.com/join-us>)



International Association of Peer Supporters (iNAPS)

A non-profit organization

Membership Form

The Inter-National Association of Peer Supporters (formerly the National Association of Peer Specialists) welcomes all who support peer support in healthcare. We promote the use of peer support in a variety of settings, including but not limited to mental health and addictions. Members receive a certificate, e-mail newsletter, and registration fee discounts for the annual national peer support conference.

Join our ranks to be informed, involved and bring peer support to those who need it most!

To join, simply complete the following information form. The cost of membership is \$25 annually. If you do not have an e-mail address or would like to receive your quarterly newsletter in hard copy form, please check the box.

Please Print Clearly!

Name _____

Address _____

City _____ State _____ Zip _____

E-Mail _____

Amount Enclosed: \$ _____

Please mail me a "hard copy" version of the newsletter.

Please mail completed form to: iNAPS, 720 Clarkson Dr., Sparta, MI 49345