This Conference PROGRAM includes approved program titles, presenters, and descriptions as of July 20, 2016. Some programs, presenters, and sponsors are still pending, so the program is subject to change. Click here to check the website for the latest updates.

In Partnership with

CITY OF PHILADELPHIA
DEPARTMENT OF BEHAVIORAL HEALTH and INTELLECTUAL disABILITY SERVICES
### Conference Schedule

**Conference Schedule**

(SUBJECT TO CHANGE)

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<td>BREAKFAST / Registration Day 1</td>
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<td>9:00 – 9:30 AM</td>
<td>Opening: Matt Federici and Dr. Evans</td>
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<td>9:30 – 10: 30 AM</td>
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<td>LONG BREAK / Exhibits</td>
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<td>BREAK / Exhibits</td>
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<td>MEMBER MEETING / CAUCUSES AND SOCIAL EVENTS</td>
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### Conference Floor Plan

**CONFERENCE FLOOR PLAN**

Morning / Plenary Sessions in full ballroom (walls removed)

Breakout sessions in letter designated rooms (will be marked by signs)
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Welcome! We’re glad you could join us in celebrating the 10th Annual National Peer Support Conference. This year, in partnership with the city of Philadelphia Dept. of Behavioral Health and Intellectual disAbility Services (DBHIDS), we are pleased to offer over 60 exciting workshops and presentations by experienced peer supporters and others who are true champions of the peer support movement. As we pause to look back over the past ten years, let’s remember the growth in peer support that has happened during each of the previous National Peer Support Conferences:

- 2007 Denver
- 2008 Philadelphia
- 2009 Phoenix
- 2010 Lombard (Chicago)
- 2011 Raleigh
- 2012 Philadelphia
- 2013 Anaheim
- 2014 Atlanta
- 2015 San Antonio
- 2016 Philadelphia

We will honor our rich past of providing connection, education, and the start of many life-long friendships at a special celebration this year. We are pleased to continue this annual tradition of coming together to share with each other the best practices in peer support while also finding ways to lift up and support each other. We are grateful to the city of Philadelphia DBHIDS and so many other sponsors who support this work. Thank you for joining us!

In Partnership with

CITY OF PHILADELPHIA

DBHIDS
DEPARTMENT of BEHAVIORAL HEALTH
and INTELLECTUAL disABILITY SERVICES
Featured Presenters  (Click a photo to view a video of each presenter.)

Steve Harrington, Founder, International Association of Peer Supporters (by video)

Arthur Evans, Commissioner Philadelphia DBHIDS (by video)

Gina Calhoun, National Director for Wellness and Recovery Training, Copeland Center

Robyn Priest, Lead Coordinator PEERLINK/ALTERNATIVES and U.S. Launch of PEERZONE

Gayathri Ramprasad, President and Founder of ASHA International

Steve Harrington, Founder, International Association of Peer Supporters (by video)

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Gayathri Ramprasad, President and Founder of ASHA International
Conference Program (DAY 1)

Friday, August 26

Opening Session, Welcome to Philadelphia, Keynotes

- Matthew Federici, iNAPS Board President
- Arthur Evans, DBHIDS Commissioner by video
- Keynotes: Roland Lamb, Sean Brinda, Nancy Wieman, and Mark Salzer

Workshop Session 1

MORNING (90 min.)

TOPIC A: EXAMPLES –

PEP TALKS (Peers Educating Peers) –
TWO PRESENTATIONS ON CRISIS PEER SUPPORT

Certified Peer Specialists in Crisis Services (David Measel/Kim Maldonado) – 45 min.
Pennsylvania has begun a concerted effort to integrate Certified Peer Specialists into the full array of crisis programs. This workshop will inform participants of the steps taken to get this effort moving, where we are at in the process currently, and future steps and aspirations.

Riverside County Department of Mental Health (in California) developed a crisis response program. This presentation will include the purpose and value of peer support specialists on the response team. It will also detail the cost benefit of diverting individuals from Emergency Rooms. The presentation will outline three methods of crisis intervention.
Workshop Session 1 (continued)

TOPIC A2: EXAMPLES (Philadelphia) –

The 3 C’s of Recovery: CPS, CIRC (Community Integrated Recovery Center) and Collaboration (Melissa Shuster, Marcie Cole, Suzan Schwarz, and Galvin Holloway)

This presentation will emphasize the role and value of the CPS within a recovery oriented day program. The provision of hope and inspiration is the keystone of the CPS role, however, the role is inclusive in the CIRC experience including group facilitation, advocacy and participation in Evidenced Based Practices such as WRAP, CommonGround and Peer Support.

TOPIC B: TOOLS –

Incorporating Spiritual Practices into a Wellness Plan (Victoria Welle)

Spirituality is increasingly accepted as a vital part of mental wellness, yet many mental health care providers are lacking cultural competency and expertise in this area. This workshop will examine spiritual practices common to many belief systems, and participants will learn practical tools for incorporating spirituality into personal wellness plans.

TOPIC B2: TOOLS (Philadelphia) –

WRAP for Probation and Parole (Michael Little)

The Forensic WRAP Plan has been developed for People In Recovery (PIR) who have been experiencing challenges while on supervision with psychiatric symptoms and criminal justice involvement throughout their lifetime, and who are currently striving to decrease/manage psychiatric challenges and overcome their criminal justice involvement.

TOPIC C: ARTS –

"Telling Your Story" Using the Arts (Gayle Bluebird/Sharon Wise)

Telling your story using artistic expression may be one of the easiest and safest ways to find out who you are while having fun at the same time. Peer Supporters will engage in hands-on activities that they can translate into their work supporting others. A fun, insightful, and inspirational workshop.
Workshop Session 1 (continued)

D: CAREER –

Employment Literacy: Advocating for a Fair Wage (Peter Ashenden/Allen Daniels)
This interactive workshop will review the key aspects of employment literacy and use a recent peer specialist wage survey to explore national compensation trends for peer specialists. Interactive role playing will be used to review various scenarios and model productive advocacy techniques. This will involve audience participation.

TOPIC E: LIFESPAN –

PEP TALK (Peers Educating Peers) 3 Presentations Related to Youth and Peer Support

Give it A-L-L You Got! (Timothy Campbell) – 20 min.
Success is not about what you know, it’s about what you CHOOSE to do with what you know. As students continue to face challenging issues ranging from alcohol/drug use to peer pressure, Timothy shows them that their success is not determined by their age, background, or knowledge but rather by the decisions that they make each and every day.

Transition in Context: Connecting with Young Adults (Diana Viglucci) - 20 min.
Young adults (ages 18-30) have unique needs in mental health settings. Drawing on insights from social psychology and developmental biology, this workshop will discuss the challenges faced by young adults with mental illness, and will equip participants with skills around combating stigma and using empowering language with this population.

Ending Restraint and Seclusion in Schools (Howard Trachtman/ Mike Weaver/ Charles Curie/Bill Lichtenstein) –50 min.
Over 107,000 kids were subjected to R&S in schools recently. Peer advocates and administrators can be instrumental in identifying the use of R&S, teaching DOE Best Practices for alternatives, converting seclusion rooms into comfort rooms and doing systemic work to reduce and eliminate the use of restraint and seclusion.
Workshop Session 1 (continued)

TOPIC F: RESEARCH –

Research on Peer Support Interventions: Why? How? And What are the Key Questions? (Mark Salzer)
This session will consist of presentations on the current state of knowledge about peer support and a dialogue about why research and evaluations are (or are not?) important, different ways of doing research, and discussion about questions that participants think are important regarding peer-led interventions and the workforce.

Workshop Session 2
AFTERNOON (75 min.)

TOPIC A: EXAMPLES –
It's T.I.M.E. Reentry Class (Jomel Silverio)
Community Advocates will share their experience in running a peer-to-peer reentry class in the local county jail for men with mental health and justice related issues. The interactive 14-week class called "It's T.I.M.E." focuses on changing one's ideas and ways of thinking to prepare for successful living in the community.

TOPIC B: TOOLS –
Reducing Conflicts Among Peers: Learning from Mediators (Dan Berstein)
Peers have conflicts with co-workers, clients, and others. How do we stop them from escalating? Mediators have tactics for addressing conflicts, and MH Mediate adapted them to mental health settings. Learn to validate different beliefs, appreciate diverse perspectives, act impartially, and demonstrate neutrality. Receive resources for addressing conflicts.
Workshop Session 2 (continued)

TOPIC C: ARTS –

Our Door presents... Healing & Recovery through Expression (Melinda R. Hasbrouck/Monique Pickens/Rhonda L. Johnson)
Our Door is managed and run by peers who self-identify as present/past consumers of mental/behavioral health services. Our Door engages its guests and community with a wide spectrum of activities promoting health and wellness, including art: motivational movement and dance, poetic expression, singing, collaging and other forms of artistic expression.

TOPIC D: CAREER –

Peer Specialist Career Mobility and Advancement: Barriers and Opportunities (Jessica Wolf)
We will present results from two national surveys: one focused on the workplace experiences and perceived career development supports of over 800 peer specialists, and the second on national and state peer specialist workforce composition and challenges. Following the survey presentation, we will facilitate audience discussion of findings and implications.

TOPIC D2: CAREER (Philadelphia) —

Beyond Entry Level (Sean Brinda, Jazmin Banks, Melodie Jackson, Brooke Feldman, Evan Figueroa-Vargas) – A Panel highlighting CPS who have gone beyond the entry level and are doing great things in the field. Discussion on what helped them get their and barriers faced along the way. Recommendations to both CPS and Providers.

TOPIC E: LIFESPAN –

Supporting family values raising children while complying with child protective services (James P. Collins, Rev. Paula Burnett-Kimmenez, Maggie Pruett-Saratan) - Peer support for families and their children with involvement of Family Court and child protective service agencies. As families find themselves receiving mandates by courts or agency personnel, having support from individuals who have lived experience could help lessen their resistance and accept the circumstances they are in.
Workshop Session 2 (continued)

TOPIC F: RESEARCH –

Selecting a Self-Management Program to Develop Recovery Strategies (Ryan Petros/Phyllis Solomon)
Selecting a self-management program can be challenging, and empirical evidence alone is insufficient for choosing the best fit program(s). We provide information about the five most popular programs (WRAP, IMR, BRIDGES, The Recovery Workbook, and Pathways to Recovery) to guide consumers, providers, and agency administrators in the selection process.

TOPIC F2: RESEARCH (Philadelphia) —

A Decade of Peer Culture, Support and Leadership in Philadelphia (Crystal Edwards) - In 2015, The City of Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS) celebrated a decade of behavioral health system transformation. During March 2015 – April 2015, DBHIDS Strategic Planning Division’s Peer Culture and Community Inclusion Unit conducted several focus groups and developed online surveys in order to get feedback from Certified Peer Specialists, Supervisors and Executive Management about the successes and challenges of behavioral health system transformation. This presentation will highlight data that will give you some insight into how Peer Culture, Support and Leadership has affected everyone involved in the city of Philadelphia’s behavioral health system.
Workshop Session 3
AFTERNOON (75 min.)

TOPIC A: EXAMPLES-
PEP TALKS (Peers Educating Peers) - 3 Presentations Related to Advocacy

Reweaving Soul Sovereignty: Mutuality between Peer Advocacy and Traditions of Faith (Morgan Rhodewalt) – 20 min.
As peers, we nurture human connection with Spirit. This workshop invites us to see natural alliances with faith traditions. Both groups heal the roots of "disease" originating in a society built on violence. Let us strengthen our mutual understanding as we all support living justice in the Heart and nation.

Up to 20% of adolescents are diagnosed with a mental health disorder. Less than 3% participate in meetings for transition planning between ages 14 & 22. This results in a population ill prepared to self-advocate for their own interests. Learning to self-advocate is a critical skill for education and leadership skills.

Empowered Voices, Unified Purpose (Elisha Coffey) – 20 min.
In this PEP talk, I will share a dynamic presentation that will motivate people to take action and get involved in being a change agent for wellness and recovery at the individual, agency and system’s level. Participants will learn how to choose at what point on the broad spectrum of advocacy they feel most comfortable engaging, and how to build skills to up their advocacy game.

TOPIC A2: EXAMPLES – (Philadelphia)

Out in the Community- Peer Support for Folks in Locked Facilities (Cindy Zatcoff-Mohan/Raymond Federici/ Demetrius Jorden)
Folks living in LTSRs were not allowed out in the community for many years. As part of recovery transformation in Philadelphia, folks who were locked away inside are now going out with CPS support. Successes and challenges and methods of introducing folks to a new way of life will be discussed.
Workshop Session 3 (continued)

TOPIC B: TOOLS –
PeerZone (Robyn Priest)
PeerZone is a series of peer-led workshops in behavioral health. They speak to the whole of the person, provide exercises and discussions that open up what is possible, as well as present tangible tools that people can use in their own wellness journey. Come get a glimpse of the workshops.

TOPIC B2: TOOLS – (Philadelphia)
When Relapse Happens
(Sean Brinda/ Mika Dabney Walton/ Jimmy F. Members/ William Baker)
Panel highlighting CPS/CRS who have had employment interrupted due to relapse to addictions or return of symptoms.

TOPIC C: ARTS –
Don't Be Afraid of the Moment! Empower Your Peers with Improvisation (Jeff Zitofsky)
Peers will be able to use improvisation to create truthful and equal relationships with whomever they work and live. This workshop will enable you to: live in the moment; share and play, in proper context, as equals; connect with confidence; enhance your senses, including those of humor and empathy.

TOPIC D: CAREER –
Peer Career Development Toolkit 1.0 (Jessica Wolf/ Clarice Bailey/ Elizabeth Breier/ Jennifer Maria Padron)
We will present Peer Career Development Toolkit Version 1.0 including human resource development strategies; steps certified peer specialists can take to further their careers; and ways peers can advocate for career development partnerships among certifying entities, behavioral health providers and educational institutions. Participants and faculty will identify additional Toolkit components.
Workshop Session 3 (continued)

TOPIC E: LIFESPAN –

Youth and Family Subcommittee as part of Indiana’s Systems of Care Expansion (Mackenzie Barclay/ Ethan Clay Davis) Submitted by Madeline Zielinski
A youth-perspective on the development of the Youth and Family Subcommittee of Indiana’s Systems of Care Expansion efforts as explained by members of Youth M.O.V.E. Indiana. This youth-led organization works to ensure young people across the state have direct involvement in development of policies which affect them and their peers.

TOPIC F: RESEARCH –

Victims No More: Trauma-Informed Peer Support in Facts and Figures (Charlotte Webb/ Suzanne V. Brown)
Seclusion, restraint, stigma in many current clinical settings continue to re-traumatize people who have been former victims of abuse and neglect. We offer innovative programs and survey findings into how peer supports at PSA offer insight, empathy and healing for struggling peers who have become re-victimized by outmoded clinical methods.

Workshop Session 4
AFTERNOON (60 min.)

TOPIC A: EXAMPLES –

The Way of Council: A Path to Connection, Collaboration & Community (Beth Terrence)
Council is a model based on talking circles used in indigenous cultures around the world. The Council process supports connection, collaboration and community. Participants are peers. Everyone has experience and wisdom to share. Through open sharing, we become able to generate new understandings of problems and new possibilities for solutions.
Workshop Session 4 (continued)

TOPIC A2: EXAMPLES – (Philadelphia)

Adventures in Program Evaluation: Assessing the Impact of Peer Support (Stacey Conway/Jan Landis)
This session explores one organization's attempts to evaluate the impact of peer-based recovery support services through changing service delivery environments, confusion over new peer-based roles, and competing demands on resources. Findings, challenges, opportunities, and lessons learned will be shared.

TOPIC B: TOOLS –

Beyond Resilience: Learning to Help Others by Connecting with Beauty (John Anglin/ Brenda Yazzie)
Using the most breathtaking examples that nature has to provide, we will look at the beauty that can result when resilience overcomes trauma. We will then show participants how to use this awareness to connect with others, fostering empowerment and self-efficacy.

TOPIC C: ARTS –

The Rewards and Challenges of Building a Peer Community at HopeWorx (Sue Shannon/ Anise Milbourne/ Penny Johnson/ Bryan Stoffregen)
HopeWorx members will convey the lessons they learned building their barter community, HopeMarket, including the challenges that they learned to turn into opportunities for member skill-building. HopeMarket started as a peer created community and has become a place where people can find new paths towards careers and other opportunities.

TOPIC C2: ARTS – (Philadelphia)

Transforming Lives: Engaging Individuals Through Creativity and Games (Suzan Schwartz/Brenda Rogers/Yolanda Smith/Rashad Scott)
Let’s look at life through creative processes. Engaging membership in the art of creativity will help to spark motivation and action. During this time, you’ll have the opportunity to hear the experience our programs had utilizing this modality and participate in an interactive activity that reflects life, recovery, and outcomes.
Workshop Session 4 (continued)

TOPIC D: CAREER –

Terms of EnPEERment: 8 Awesome Ways to Help Professional Staff Embrace Peer Support Specialists on the Team (Chris Martin)
This fun and highly interactive workshop will provide professional staff with a fundamental understanding of how to value the contributions of peer support specialists on the team. You’ll also get an opportunity to explore how you can help your organization fully embrace and utilize peer support staff on the team.

TOPIC E: LIFESPAN –

MHA Nebraska a Peer-run organization with wrap-around services
(Amie Jackson/James Garvey/Kasey Moyer) -
We will be discussing topics that include how our peer run organization offers wrap around services to participants in recovery overcoming adversity. These topics will include Advocacy, Human Rights, Criminal Justice, Substance Abuse, Trauma and Workforce Developments.

TOPIC F: RESEARCH –

What do we know about the Education, Compensation, and Satisfaction of the Peer Workforce? An iNAPS survey and the importance of research (Rita Cronise/Andy Bernstein/Peggy Swarbrick) -
The iNAPS team will share results from an iNAPS survey to which over 600 peer supporters nationwide responded about their level of education and training, job titles and responsibilities, compensation, and satisfaction. Peggy Swarbrick will off a brief (by video conference) explanation of the importance of peers getting involved in research.
Caucus Topics and Leaders

Friday Evening (7:30-9:00 PM)

• Queer-to-Queer: Creating Stronger LGBTQ+ Communities Through Mutual Support
  (Sean Donovan, Jessica Bloom, and Monique Lamarre)

Description of Caucus: People whose lives differ from the norms of gender and sexuality are frequently subject to trauma both in their greater worlds and when accessing mental health services. This caucus will allow participants to discuss how people get stuck between these realities and ways that LGBTQ+ people can be better supported.

Questions We Will Explore:
1. How do we create therapeutic relationships that honor the trauma LGBTQ+ people often experience in the greater world and in the mental health system?
2. Given the complicated history of psychiatry and the DSM and queer identities, how do we create non-clinical spaces for support and explore lives worth living?
3. How can we heal through peer-to-peer support— not only from being in a world where it can feel, in the words of Audre Lorde, "we were never meant to survive" but also the ways institutions impose dominant roles of gender and sexuality?

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• Overcoming Barriers like Stigma: The Hero Within - Peer Power, Each One Reach One
(Malkia Newman/ Annie Scharff/ Soliana Berhane/ Andrew Parrish)

• VA Peer Support: What is happening with the World’s largest Employer of Peer
Specialists? (Michael Oestreicher/ PW Covington / and Dan O’Brien-Mazza by video
conference).

• Career Development Caucus: Part of the forming Alliance to Advance Peer Careers
(Jessica Wolf / Clarice Bailey/ Elizabeth Breier /Jennifer Maria Padron)

• Self-Care: My Health and My Wellness and Me (Mike Runningwolf)

• Leadership Development: Developing leadership in you and your non-profit
organization (Robert Hickox)
iNAPS Member Meeting

Friday Evening (7:30 – 9:00 PM)

Are you a member?
Come and learn about current initiatives and vote on important issues facing the organization.

Social and Social Justice Events

Friday Evening (7:30 – 9:00 PM)

- Open Mic Night (Nick Holstein)
- Recovery Idol / DBHIDS is providing a bus and discount tickets to the stadium
- Healing Voices Movie (Oryx Cohen, Chief Operating Officer of the National Empowerment Center will facilitate a dialogue after the movie)
What are we talking about when we talk about “Mental Illness”

HEALING VOICES
Let’s change the conversation.

A DIGITAL EYES FILM PRODUCTION
DIRECTED BY PJ MOYNIHAN PRODUCED BY ORYX COHEN PRODUCED BY PJ MOYNIHAN
MUSIC BY NATE CHRISTY VISUAL EFFECTS BY BEN CARON EXECUTIVE PRODUCER GAYLE BERG

HEALING VOICES MOVIE.COM
Conference Program (DAY 2)

Saturday, August 27
Welcome Back, Awards, Keynotes

Welcome back: Lori Ashcraft, iNAPS Executive Consultant

- Sharon Wise
- Gayathri Ramprasad (ASHA International)
- Gina Calhoun (Copeland Center)
- Robyn Priest (PEERLINK, PEERZONE, PSACC and more)

Workshop Session 5
MORNING (60 min.)

TOPIC A: SYSTEM CHANGE –

Peers: Agents of change in deinstitutionalization in New York State (Zach Garafalo)
Attendees will learn about an emerging peer and family support program available to individuals interested in transitioning from institutional settings to community living through the federal Money Follows the Person demonstration in New York State. The Open Doors Peer Program is informed by best practices from peer services within the behavioral health system, aligned with the independent living philosophy and applied to nursing home transition. Open Doors connects paid peers and family members to individuals and their loved ones who are transitioning. Peers provide individualized, self-directed peer support and assist people in building their social capital as they return to the community.

TOPIC A2: SYSTEM CHANGE (Philadelphia) –

Building A Strong CPS Workforce (Sheila Hall-Prioleau/ Sheryl Newton/ Gregory Martin)
This session will highlight two RHD initiatives: A.) UMOJA - a seasonal program which placed four (4) CPS at two Safe Haven Shelters for a three-month work experience, and B.) United Peers CPS Internship - a year round initiative that provides training, supervision and work placement within RHD continuum of care. The session will also identify
challenges and obstacles experienced by CPS in the work force, as well as provide strategies and approaches for positive change.

**TOPIC B: SUPERVISION –**

The Via Hope PIR Voice Project-Amplifying the Voices of People in Recovery! (Liz Casteneda/ Shane Whalley / Michael Boesewetter) 35 min.
The PIR Voice Project is a peer training and coaching program designed to increase leadership capacity and cross-state connections of people in recovery in Texas. In this session we will describe how this innovative program was developed and will engage participants in a portion of one of the project’s trainings, Embodied Leadership: A Practice for PIRs.

**TOPIC C: INTEGRATED PRACTICES –**

Integrated care, education, and information: trauma informed care and screening (Patrick DeBow)
LGBTQI individuals are 3 times more likely than others to experience mental health conditions such as: anxiety, posttraumatic stress disorder, suicidal ideation and substance abuse. This workshop in an effort to bring collaboration for unity, with education and understanding of the needs of the LGBTQI community through integrated care.

**TOPIC C2: TOOLS AND PRACTICES (Philadelphia) --**

Collaborative Public Art and Recovery (Laure Biron/ Melissa Fogg/Shira Walinsky)
The session focuses on two models for community engaged public art making in the Porch Light Department at the City of Philadelphia Mural Arts Program. We have a provider site model where we engage a group of 15-30 people in a behavioral health or social service setting around a complete mural making process for 12 months. We also engage the wider neighborhood in the project, reducing stigma around treatment and people who seek treatment. Our other model is a hub based on how we partner with a social service and behavioral health provider in a space that we co-create in a neighborhood. In this space we offer responsive community engagement and art making activities as well as other types of classes, workshops and services. We use art as a way to talk about recovery, wellness, health, healing and hope in both models and promote the wellness of a community both within the walls of our hub and provider sites as well as in the neighborhood and city.
TOPIC D. ADVOCACY –

Honest, Open, Proud to erase the stigma of mental illness (HOP)  
(Dr. Michelle Andra/ Kyra Wilson)

HOP is an anti-stigma program that utilizes self-disclosure to reduce both public and self-stigma. The goal of HOP is not to convince people to disclose, but to help decide if it is the right decision. Topics include: costs and benefits, strategies and hands on practice telling your recovery story.

TOPIC E. EXAMPLES –

Recovery to Practice Next Steps in the VA (Bryan Rich/ Larry Burg/ Martha Barbone/ Noelle Pollet)

Developed by iNAPS under the SAMHSA-Funded Recovery to Practice Project, specifically for experienced peer supporters, the Next Steps full-emergence experiential learning (FEEL) program is a group circle process consisting of metaphor-based exercises interlaced with fun activities designed to open participants up to deep sharing of their ‘real world’ personal and professional experiences; which become the core essence of the training. Veterans, in particular, have embraced this rich methodology as a trauma transforming practice and adapted a version of the training specifically for veterans.

TOPIC E2: EXAMPLES (Philadelphia) –

Peer-based Addiction Support for the LGBTQ+ Community (Kirk Parsons/ Rand Faulkner)

Discussion of advanced, peer-based recovery services provided at Mazzoni Center for the LGBTQ+ community. Mazzoni’s certified recovery specialist (CRS) and supervising therapist will present examples of peer engagement and support that highlight such areas as addiction and the LGBTQ+ community, group presentations/facilitation and recovery and resilience planning.

TOPIC F: TRAINING AND CERTIFICATION –

Peer Support Accreditation and Certification of Canada (PSACC) (Kim Sunderland/ Shaleen Jones)

Peer Support Accreditation and Certification (Canada) [PSACC] is a not-for-profit organization that was created to provide national certification and accreditation services in accordance with nationally endorsed standards of practice for mental health peer supporters. Its corporate mandate includes undertaking research and evaluation pertaining to peer delivered mental health services and programs. In this session, you will learn more about the current state of this certification and accreditation in Canada and lessons that apply to the U.S. and beyond.
TOPIC A: SYSTEM CHANGE –

Partnering for Systems Transformation (Jessica Bloom / Susan Sprung / Julie Schwager)
Dept. of Mental Health (DMH) Western Massachusetts Area Director, Center for Human Development (CHD) Vice President of Adult Services and CHD Coordinator of Peer Recovery Services present about the collaborative process of creating, developing, and implementing peer services with peer leadership at CHD and other DMH funded programs.

TOPIC A2: SYSTEM CHANGE (Philadelphia) --

Creating a Peer to Peer Culture Through Volunteerism (Fred Martin / JodyAnn Newell-Carlson)
Using the Pennsylvania Recovery Organization - Achieving Community Together (PRO-ACT) as the example. PRO-ACT is an organization that is a volunteer-driven operation program. The volunteers are the instrumental tools that are vital to the success of the organization.
As a volunteer one may support the program in various roles such as administration support, group facilitation, mentoring, community outreaches and at special events. By participating in the many roles, the volunteer is empowered by skill-building for employment to take on community leadership's roles.

TOPIC B: SUPERVISION –

Dialogue on Promising Practices for Peer Supporters and Supervisors (Jonathan P. Edwards / Yumiko Ikuta)
Peer supporters and supervisors navigate a murky terrain concerning agreement on work tasks, as well as interpersonal dynamics. This workshop will engage participants in activities that foster communication and integrate practices for strengthening supervision.
The goal is to enhance service delivery to clients and professional growth for peer supporters.
TOPIC C: INTEGRATED PRACTICES –

Inclusion: Why We Need More Than Integrated Care (Tom Lane)
This highly interactive and thought provoking workshop will provide participants the opportunity to discuss the importance and impact of non-healthcare systems on social determinants of health as a means to improve community inclusion. The association between social determinants of health and dimensions of wellness will be presented.

TOPIC C2: TOOLS (Philadelphia) –

Self-Care and Wellbeing for Peer Supporters (Evan Figueroa-Vargas/ Karen Simpson)
Staying healthy and happy while caring for others is challenging. Putting yourself on the back burner may lead to stress related illness, relapse or burnout. You will learn the top 5 warning signs for stress related illness, assess your self-care, and discover solutions to keep you balanced and healthy every day!

TOPIC D: ADVOCACY –

Understanding ACEs: Building Intergenerational Resilience (Liz Casteneda/ Elizabeth Prewitt).
In this workshop we will outline some of the basic findings of the original Adverse Childhood Experiences (ACE) Study and will discuss how this data can be used in trauma informed behavioral health settings. Through storytelling we will explore how understanding ACEs can help us to build resiliency in individuals and families and strengthen mental health recovery.

TOPIC E: EXAMPLES –

Connecting with People Who Hear, See, or Sense What Others Don’t (David Son)
Grounded in the recovery-oriented, trauma-informed values of the World Hearing Voices Network Movement, we accept that hearing voices is a human experience. By examining attitudes, emotions, and beliefs that enable connecting with self and other, we will practice curiosity and “being with” to create opportunities for relational healing and growth.
TOPIC E2: EXAMPLES (Philadelphia) --

Engaging Males of Color (Gabriel Bryant/ Sean Brinda)
The Philadelphia Department of Behavioral Health and Disability Services (DBHIDS) Engaging Males of Color (EMOC) Initiative is a key component of our Community Based Services Development Unit. EMOC is an innovative way to engage males of color who are disproportionately affected by various forms of marginalization and social determinants including violence, poverty, incarceration, lack of access, engagement and awareness to health care and services, and trauma.

TOPIC F: TRAINING AND CERTIFICATION --

The Next Step for Peer Support (Patrick Hendry)
As peer support continues to mature new opportunities for workforce development are appearing. Mental Health America is actively promoting the use of peer support in whole health in the private sector. This workshop looks at needs of the private sector, new standards for peer support and MHA’s new national certification.

Workshop Session 7
AFTERNOON (75 min.)

TOPIC A: SYSTEM CHANGE --

Transformative Peer Advocacy in Restrictive Settings: Strategies for Systems Change (Erin Levesque/ Sean Donovan)
Peer roles have the power to transform the healing potential some of the most restrictive environments. In this workshop, advocates from the Western Mass RLC will share strategies on maintaining peer role integrity and influence in settings such as emergency rooms, courthouse and other forensic settings, and long-term and acute psychiatric units.

TOPIC B: SUPERVISION --

Ensuring Quality Peer Supervision: Credentialing Supervisors (Holly Dixon)
Supervisors of peers have varied qualifications across many settings - some are clinicians, some are peers grown into supervisors, some are both. Delaware has put two credentials in place through its state board to try to bring consistency and quality to supervision for all peer supporters.
TOPIC C: INTEGRATED PRACTICES –

Integrating Mental Health and Addiction Recovery (Faith Boersma)
Information about Wisconsin’s approach to collaborating with the mental health and addiction recovery communities to develop a new peer specialist certification that integrates mental health and substance use disorders. Interactive discussion about unique opportunities and challenges faced as we come together to transform systems of care

TOPIC C2: TOOLS (Philadelphia) –

Philadelphia Peer Support Toolkit (Brooke M. Feldman/Sean Brinda)
This session will provide an overview of the newly developed Philadelphia Peer Support Toolkit. The target audiences for this toolkit are administrators, directors, and supervisors of treatment organizations who have recently hired (or plan to hire) peers into new support roles with the agency.

TOPIC D: ADVOCACY –

Advocacy 101. Making Your Voice Heard...And Matter (Phyllis Foxworth)
When mobilized, peer support specialists can be a powerful voice in affecting positive change. At this workshop the Depression and Bipolar Support Alliance (DBSA) will inform on national and state issues and provide participants with a tool-kit to empower them to be heard by those in a position to advance the peer support services agenda.

TOPIC E: EXAMPLES –

Peer Support: A joint healing journey (Carrie McManus)
This presentation will investigate how the peer model offers women healing from domestic violence the opportunity to grow through shared experiences. We will demonstrate how peer programs provide an opportunity to build social supports, share personal experiences, and learn from each other through stories for participants and volunteer facilitators equally.

TOPIC E2: EXAMPLES (Philadelphia) –

We Help Ourselves: Peer Support in a Community Integrated Recovery Center (CIRC) (David Como/ Diana Schrader/ Brian Coleman + 4 additional CPS presenters / 4 government representatives)
The NECCBH CIRC teams will focus on the range of ways in which the CPS contributes to the growth and development of program members, and on the ways in which the program members support each other as an integral part of the CIRC day program experience.

**TOPIC F: CAREER DEV –**

Breaking the career development ceiling for Peer Supporters (Eve Hauser)
This is an opportunity for Peer Supporters to come together and discuss the state of employment and potential career development for vertical mobility. We will also discuss how we expand the Peer movement while we expand our own personal career goals.

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**Saturday Wrap Up**

**AFTERNOON (60 min.)**

– A Celebration of 10 Years of Peer Support Conferences!
  Announcement of Next Year’s Conference
  Global Peer Supporter Celebration Day Kickoff
  Thank you to organizers & volunteers
  Group photo / Grand prize drawing
Certification Sunday Topics

SUNDAY, AUGUST 28
CPRP/CPS
Certification/Recertification Courses

Workshop 1: (2.5 hours)
Maximizing Partnerships with Peer Support Specialists in the Workforce, Lori Ashcraft, M.S.W., M.P.A., Ph.D. and Andy Bernstein, PhD, CPRP
A chance for traditionally-trained supervisors, managers and administrators to learn skills to help them effectively incorporate peers into their programs, understand the value which peers add to treatment teams, and manage the tension which sometimes arises between clinical- and peer-support values, practice principles, and expectations of engagement.

Workshop 2: (4 hours)
Practical Ethics for the Recovery Workforce, Martha Barbone, DVM, CPS and Renee Kopache, M.S., CPRP
This workshop will provide background into the development of the CPRP and CPS values and ethics by examining a brief history of medical ethics, compare and contrast the CPRP and CPS values and ethics, and introduce an Ethical Decision Making Tool that participants will use to practice addressing a variety of challenging scenarios.

Workshop 3 (3.5 hours)
This workshop examines the promise of the Photovoice methodology to enhance recovery-oriented services. It presents an overview of Photovoice-based programs recently developed at the Boston University Center for Psychiatric Rehabilitation. These psycho-educational programs integrate Photovoice methodology as a platform to empower participants and to give them a tool to express personal perspectives on a variety of issues such as overcoming prejudice and discrimination, vocational recovery, and community participation.

Workshop 4 (3.5 hours)
Recovery to Practice / Next Steps for Peer and Integrated Workplace Relationships, Noelle Pollet, Rita Cronise, MS, ALWF and Angela Ostholthoff, CPRP, CPS, ITE
The Recovery to Practice/Next Steps Full Emergence Experiential Learning (FEEL) collaborative approach develops teamwork, leadership skills, and community building. It has been effective in training experienced peer workers, supervisors and non-peer colleagues, including veteran peer supporters and peers working in the prison re-entry and criminal justice community.
Workshop 5 (3 hours)
Peer Supervision: Training and Credentialing Peer Supervisors, Holly Dixon, LCSW
As peer support has grown as a profession, quality supervision has become crucial in ensuring its success. Peer supervisors are often thrust into their positions with little training or knowledge of the role. We will explore one option to ensure quality supervision and what supervisors may need to be effective.

Workshop 6 (3.5 hours)
Building Bounce Back Families – It’s All Relative, Chris Martin, MA Ed., Ed Counseling
This fun, highly interactive, and very meaningful team-centered workshop may cause you to smile, laugh, sing, win a prize, and even shed a tear; but most of all, it will give you some fundamental skills and strategies for building a resilient family, including your own. We all “kin” bounce back!

Workshop 7 (3.5 hours)
Vocational Peer Support: Bringing the voice of lived experience to work. Debbie Nicolellis, MS, CRC and Lyn Legere, MS, CPRP, CPS
Vocational Peer Support (VPS) is an advanced specialization for peer support specialists who want to bring focused support to people with employment/educational aspirations. We will describe the concept of “vocational recovery” and the unique potential for peer supporters to inspire hope for working through scaffolding the navigation of career trajectories.

Workshop 8 (4 hours)
Documentation & Maintaining Peer Support Values, Amy Pierce, CPS
This interactive workshop is designed to support peer support specialists with documentation whilst maintaining fidelity to peer support. Discussion includes: why document, maintaining “peerness” and being fiscally responsible to the agency, maintaining fidelity to federal and state laws and collaborative note writing.

Workshop 9 (3 hours)
Trauma-Informed Practice / Emotional CPR: Supporting People Through Emotional Distress via Connecting, emPowering, Revitalizing, Lauren Spiro, MA
Emotional CPR (eCPR) teaches people to support others through an emotional crisis by Connecting (C), empowering (P), and Revitalizing (R) in an interactive co-learning setting where participants practice some of the essential processes such as listening with our heart, accepting uncertainty, and exploring our vital center - our authentic self.
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Tell your story through video
http://createusmedia.com

Depression and Bipolar Support Alliance
http://www.peerleadershipcenter.org

National Consumer Technical Assistance Center
http://www.doorstowellbeing.org

National Mental Health Consumers’ Self-Help Clearinghouse
http://www.mhselfhelp.org/
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http://www.peerlinktac.org

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