Catalog of Summer Institutes

Independently Organized Training, Festivals, Workshops, and Events

SUMMER-INSTUTUTES

Independently Organized Training, Festivals, Workshops, and Events in and near Philadelphia

August 22-25, 2016

Prior to the 2016 National Peer Support Conference
INTRODUCTION

This year marks the 10th Anniversary of the iNAPS National Peer Support Conference and you will have a unique opportunity to meet and experience extended training or events with nationally-recognized peer leaders in the week prior to the conference.

We are pleased to share these opportunities and invite you to contact the organizers of these festivals and training opportunities directly, many of which offer a peer certification or credit toward continuing education. Plan your trip to Philadelphia to arrive early (or stay for the morning after the conference) to take advantage of this extraordinary chance to meet, network with, and enrich your experience of the conference through this series of Summer Institutes.

DISCLAIMER

iNAPS is not responsible for costs associated with registration, travel, meals, ground transportation, or accommodations for any of the Summer Institutes.

Dates/times/locations and availability of Institutes in this catalog are subject to change

Contact the organizer listed in this catalog for details related to each Summer Institute. Avoid making non-refundable travel arrangements until your registration for the training program or event you plan to attend is confirmed.
Catalog of Summer Institutes

(Institutes Listed Chronologically by Dates Offered)

Click a link below to access each Institute

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Looking to share a ride / room?
TRAVEL / HOTEL OPTIONS FOR MCCC

Join us afterward at the
iNAPS 10th Annual Peer Support Conference
DISCLAIMER

The Summer Institutes in this catalog are independently organized training programs, events, and opportunities to enrich your experience while in the Philadelphia area for the iNAPS conference.

The Summer Institutes are separate from the iNAPS conference.

An event organizer (person) is listed in this catalog for each Summer Institute. Contact that person for costs, location, and other details.

There is not a requirement to attend the iNAPS conference to take advantage of these Summer Institutes, however, several of the Summer Institute organizers offer a discount on their registration fee if you also attend the iNAPS conference.

https://inaops.org/2016-annual-conference/

Institute costs and locations vary
Contact the organizer for each institute listed in this catalog for cost and location.

IMPORTANT NOTICE

Before making any non-refundable travel arrangements confirm with the event organizer that seats are still available and that the course will happen on the dates/times scheduled.

Dates/times/locations and availability of Institutes in this catalog are subject to change.
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Summer Institutes at Montgomery County Community College (MCCC)
Central Campus
340 Dekalb Pike, Blue Bell, PA 19422

TRAVEL / HOTEL OPTIONS
Click the links on the next page to explore travel and hotel options.
TRAVEL / HOTEL OPTIONS FOR THE SUMMER INSTITUTES AT MCCC

Click here for a map with transportation options from the Philadelphia Airport.

Click here for a map with hotels near Montgomery County Community College.

Note:
A recommended hotel for those who will not be renting a car is the Hyatt House, with a shuttle between the hotel and the college every week day.

There are many options, so we recommend you connect with others who are planning to attend and make plans based on your budget and what you are willing and able to share regarding rides / hotel / food.

Click the button below to connect with others who are coming to the Summer Institutes at MCCC.

https://www.surveymonkey.com/r/2016SummerInst_Rideshare
Catalog of Summer Institutes

Montgomery County, Pennsylvania
August 22nd - August 25th 2016

Are you interested in being trained in Intentional Peer Support?

Our Core Training is an in-depth overview of the IPS principles and tasks that's highly interactive, full of rich dialogues, and designed to have you learning and practicing peer support right away.

We are offering an IPS Core Training at Montgomery County Community College in Pennsylvania from August 22nd - 25th, 2016. This IPS Core Training is one of the pre-conference events for iNAPS annual conference. You do not have to attend the iNAPS conference to attend this training.

Registration Rate: $850. $100 deposit required by July 8th, 2016.

Seats are offered on a first-come first-serve basis, so please register early. For more information, click the button below or visit this link:

http://www.intentionalpeersupport.org/pennsylvania

http://www.intentionalpeersupport.org/pennsylvania/
Catalog of Summer Institutes

Become a PeerZone Workshop Facilitator!
(4 Days) August 22-25, 2016
9:00 a.m. – 4:30 p.m.

PeerZone is a series of 18 three-hour peer-led workshops for people who experience mental health and addiction problems. The workshops provide a fun, interactive and safe structure for participants to share their experiences, activate self-management and expand their horizons.

PeerZone provides training and post-training technical assistance for peer workers who facilitate the workshops to people in their service or community. Behavioral health services and peer initiatives that sign up to PeerZone improve the recovery outcomes of people as well as offer a fantastic practice tool to peer workers.

PeerZone has certified over 200 facilitators from around 80 services in four countries since the start of 2013. Seventy-nine percent of participants have rated the workshops as excellent.

Training Location: Montgomery County Community College, Blue Bell, PA

Cost: Call for cost (discounts apply for registrations by July 10th and also for iNAPS conference attendees).

Robyn Priest, PeerZone Coordinator
Ph. 1-907-351-6890
usa@peerzone.info
http://www.peerzone.info
Recovery to Practice / Next Steps

**Topics**
- The transforming power of recovery
- The complex simplicity of wellness
- The influence of culture on recovery
- Peer roles and values
- The effects of trauma on recovery
- Strengthening workplace relationships

**What it is**
Recovery to Practice *Next Steps* was designed under the SAMHSA-Funded Recovery to Practice initiative to develop the next generation of experienced peer facilitators and peer leaders. The training is done in a circle format and uses a full emergence experiential learning (FEEL) approach, to develop a safe environment and sense of belonging and community.

**How it works**
*Next Steps* is based on a cooperative learning model in which facilitators guide a process (rather than teach) and participants actively contribute (rather than passively listen). The whole group, including the facilitators, benefits from the wisdom of practical lessons from individual and lessons from the field.

**Why it works**
When you “flip the classroom” and guide a process of discovery rather than teach a subject, you create a mutual learning environment that helps people recognize their own strengths and find their own answers to wellness and recovery.

For more - Recovery to Practice website: [www.rtp4ps.org](http://www.rtp4ps.org)

**Training Location:** Montgomery County Community College, Blue Bell, PA

**Section A: For Veteran Peer Specialists (VA Peers Only)**

**Section B: For Experienced Peer Support Workers/Supervisors**

**Cost:** $475 (with a $75 discount for those attending the iNAPS conference)

**Coordinator:** Rita Cronise | 585-797-4641 | rita.cronise@outlook.com
Certified Peer Specialist
Crisis Services Training

(3 Days) August 23-25, 2016
9:00 a.m. – 4:30 p.m.

This three-day training is designed to prepare Certified Peer Specialists to work in crisis services. It reviews what crisis services are available, the roles and responsibilities of a CPS in crisis services, and skills necessary to perform these job duties.

This training was developed collaboratively with the Pennsylvania Office of Mental Health and Substance Abuse Services.

Training Location: Montgomery County Community College, Blue Bell, PA
Cost: PaPSC Members $475.00 | Non-Members $550.00
Coordinator: David Measel
Pennsylvania Peer Support Coalition
1653 Lititz Pike, #427, PA, 17601, USA
dave@papsc.org
**Recovery is Possible! FOCUS FOR LIFE** is a three-day course that is an innovative consumer-driven, consumer-led life program designed to positively impact personal recovery for those with mental illness by fostering increased levels of wellness.

**Training Location:** Montgomery County Community College, Blue Bell, PA

**Cost:** Call for cost

**Coordinator:** Anna Gray, Executive Director Prosumers International

ahgray59@gmail.com | 800-577-3795

To learn more, visit: [http://www.myfocus4life.com/](http://www.myfocus4life.com/)
Facilitating Learning:
How to deliver inspiring groups and classes.

(3 Days) August 23-25, 2016
9:00 a.m. – 4:30 p.m.

Facilitating Learning is a dynamic three-day workshop to help recovery and wellness facilitators step up their instructional delivery skills to an advanced level, this fun, action packed, introduction will offer some key adult-learning strategies to facilitate inspiring classes where learning and transformation really happen! The course reveals the seven steps to put the FIRE to inspire into your facilitation delivery, resulting in standing-room only classrooms! The workshop, itself, will model the very principles and practices being taught. You’ll highly value this fully engaging and hands-on professional development experience.

Training Location: Montgomery County Community College, Blue Bell, PA

Cost: Call for cost

Coordinator/Facilitator: Terrence J-R Smithers, BA, BS, CPRP, ITE Administrator of Education & Learning RI Consulting, RI International, 2701 N. 16th Street Suite 316

Phoenix, AZ, 85006 (USA)

Ph. 602-284-1594

terrence.smithers@riinternational.com
eCPR

(2 Days) August 24-25, 2016
9:00 a.m. – 4:30 p.m.

Emotional CPR (eCPR) is a peer-developed public health educational program that teaches people to support others through an emotional crisis by Connecting (C), empowering (P), and Revitalizing (R).

In this highly interactive co-learning 2-day certification training participants will practice some of the essential processes of eCPR, such as (but not limited to) listening with our eyes, ears, and heart to feel the person's presence (C), accepting the uncertainty of not knowing what is best, but open to collaborative exploration (P) and assisting each other in experiencing our ‘vital center’ (R).

The feedback we receive from many cultures and countries is the practice of eCPR is deeply transformative.

Training Location: Montgomery County Community College, Blue Bell, PA

Cost: $275 per person (meals and transportation are on your own)

Coordinator: Lauren Spiro
Laurensapiro1@gmail.com

For more, visit: http://www.emotional-cpr.org/

Register
Veteran Peers Navigating Moral Paradoxes (1 day)

Veteran peer specialists and supporters
August 25, 2016
9:00 a.m. – 4:30 p.m.

International Association of Peer Supporters (INAPS)
Pre-Conference Institute

Most Veterans feel discomfort when returning to civilian life, regardless of where and how they served. Military service changes a person and can cultivate paradoxes within individuals that may lead to development of mental health or substance use conditions.

This course assists both Veterans and their supporters in understanding the key role of peers in helping their fellow Veterans successfully address these paradoxes and introduces course participants to three valuable tools to help Veterans resolve these paradoxes in their lives. All participants will receive an easy-to-use workbook for use with their peers.

Training Location: Montgomery County Community College, Blue Bell, PA (Philadelphia Area)

Cost: $99 per person includes training and all training materials
Continuing education credits (6.0 hrs.) pending through Illinois Certification Board, Inc.

For more information, visit:
http://www.dbsalliance.org/site/PageServer?pagename=education_training_peer_specialist_advanced

Register
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Summer Institutes at
Mental Health Association of Southeastern Pennsylvania (MHASP)
1211 Chestnut Street, Suite 1100
Philadelphia, PA 19107
Phone: 215-751-1800 | Toll Free: 800-688-4226
Founding Meeting of the Alliance to Advance Peer Careers

August 25
(3 hours) 1:30 PM – 4:30 PM

Public and private sector peer employment continues to grow, with certification in 43 states, DC and the Veterans’ system; Medicaid reimbursement in 37 states; and a certified workforce of almost 24,000.

The newly-forming Alliance will identify and seek proactively to address key peer career challenges and opportunities going forward.

Cost: Free of charge

Training Location:
Mental Health Association of Southeastern Pennsylvania
1211 Chestnut Street, Suite 1100, Philadelphia, PA 19107

(Time and location may change. Please contact the organizer in advance.)

Organizer: Jessica Wolf, Ph.D.
203-345-2700 (office) | 203-257-6294 (mobile)
jwolfds@gmail.com
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Advocacy 101 Workshop

August 25, 2016

(3 hrs) 2 PM – 5:00 PM

Training Location: Mental Health Association of Southeastern Pennsylvania
1211 Chestnut Street, Suite 1100, Philadelphia, PA 19107

Organizer / Facilitator: Elisha Coffey, MSW
Program Manager of ICAN of PA

267.507.3813
ecoffey@mhasp.org
Riding the Shark: Surviving Personal Catastrophe

August 25
(2 hours) 1:00 PM – 3:00 PM

Oftentimes we come across persons whose lives have fallen into such chaos and despair that conventional and integrative medical services have failed to rescue them. The unique challenge is to help them rediscover hope and rid themselves of self-reproach and other negative emotional entanglements by making empathic connections and finding the meaning in their lives.

Training Location: Mental Health Association of Southeastern Pennsylvania
1211 Chestnut Street, Suite 1100, Philadelphia, PA 1910

Cost: See organizer for details

Organizer / Facilitator: Saroj Parida, MD FAAP
Quitie Glen Center for Mental Health and Integrative Medicine Services
717-867-8335 (Ext. 211)
Docsp21@gmail.com
This session offers peer specialists and their supervisors an opportunity to better understand the principles of Community Inclusion and the roles that peer specialists can play in promoting the full participation of the individuals they serve in community life. National, state, and local consumer leaders will highlight their work with the Temple University Collaborative in the development and delivery of advanced training to better prepare peer specialists in meeting service recipient needs for support in attaining competitive employment, participating in the religious congregation of their choice, and responding to behavioral health crises.

**Co-Presenters:**
Richard Baron, Christa Burkett, Jim Klasen and David Measel

**Organizer:** Paige O’Sullivan, TU Collaborative  
Phone: (267)-322-0413  
Email: posullivan@temple.edu

Approximate cost from Sheraton at Society Hill:  
**SEPTA**-$3.25  
**Cab/Uber**-$18
Free Events in Philadelphia

8th and Market Street

801 Market Street, 11th Floor,
Conference Rooms A&B,
Philadelphia

(Near Independence Hall)
Tuesday, August 23. Free Arts Festival.

**Festival Location:** 801 Market Street, 11th Floor, Conference Rooms A&B, Philadelphia

An All-Day Free Arts Event for peer specialists, peer artists and peers interested in the arts (and interested art therapists). Our speakers will entertain you with their exciting, uplifting presentations. Afternoon arts-making focused on self-exploration, activities that are easy to do and replicate. Attendees who stay for the full day will receive a certificate to be used for their peer specialists CEUs. We expect this to be a launching of a much bigger enterprise that will reach out to peers all over the country. Come and join a national movement of artists with intention!
Wednesday, August 24. Youth Symposium

You're Invited!!!
[Youth (ages 16-30), People who Work with Youth, but Especially Youth!]

Peer Generation: Engaging, Educating and Empowering Youth

Registration is FREE! Yes, FREE!!
Registration is required

Click Here to Register

August 24th, 2016 (before the iNAPS Conference)
9:30am- 3:30pm
801 Market Street, 11th Floor, Conference Rooms A and B
Philadelphia, PA 19107

(Continued on next page)
Peer Generation: Engaging, Educating and Empowering Youth

The Copeland Center, the leader in evidenced-based peer-to-peer support, will present how to bring that model to youth. Youth supporting Youth. This experience will provide participants with the tools to engage providers and youth to learn "trust" that peer support among youth is a viable and important practice. The event is targeting the implementation of evidenced-based, peer-to-peer services for transition-age youth (per SAMSHA: ages 16 to 30). We will present the new Peer Generation Toolkit which will provide youth, and those serving them, step-by-step methods to engage youth and community stakeholders. This project, "Peer Generation," will be the kick-off for a broad scale effort to support peer specialist services among this age group.

Because this is a no-cost workshop, refreshments will not be provided. The area around the building has many low-cost food options.

Rachelle Weiss, MS, CPS, Project Development Director,
Doors to Wellbeing / The Copeland Center
rweiss@copelandcenter.com | www.doorstowellbeing.org
888-959-6118, ext. 109
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Thursday, August 25. Peer Fair

A Festival Celebrating the Accomplishments of Peer-Run Organizations and Peer Support Services!

Peer Fair (Exhibits and Networking)

August 25, 2016

(1 Day) 9:00 AM – 4:00 PM

Up to 50 exhibit tables for peer-run programs and peer support initiatives will be available free of charge on a first come-first served basis.

The purpose of this Peer Fair is to allow those coming to Philadelphia for the conference to connect with other who are doing great work in Philadelphia and beyond, and, share what they do in an informal venue.

Festival Location:
801 Market Street, 11th Floor, Conference Rooms A&B, Philadelphia

Cost to attend: Free (no registration required)
Cost to exhibit: Free with a suggested donation.

Organizer: Rita Cronise
585-797-4641
rita.cronise@outlook.com
3rd Day added to the National Peer Support Conference

“Certification Sunday” on August 28

CPRP/CPS Course in Ethics and Peer Values has been added to the conference program to satisfy the requirements for recertification in both CPRP and CPS programs. Other courses in Supervision, and other high demand topics are being planned.

The extra courses will be included in the cost of the conference, and available for a fee to those who come just for those courses.

Watch newsletters and updates or send email to conference@naops.org to learn more about these exciting new courses, which are now be part of the 10th Annual Conference at the Sheraton Society Hill Hotel (Conference Hotel) on August 28, 2016.